

Leslie V.

coaching

mindset • mindfulness • motivation

Get unstuck.

Conquer society's expectations.

Ignite your strengths.

Forge a purpose-driven life!



-Leslie Crudup Villagarcia-
Your No-nonsense Life Coach

www.leslievcoaching.com

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Sessions held online or in-person at
91 Commercial Rd. Teneriffe, QLD

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coaching packages

Which one are you?

Visionary

You are seeking balance and fulfilment in one or more areas of your life. You want a proactive listener to help outline your goals and keep you motivated and on-track to achieving them.

Voyager

You have a goal in mind and want to gather and maintain momentum. You want a guide to see you through each step of your journey and celebrate your successes with you.

Vanguard

You are venturing boldly into new territories. You want a dynamic sidekick to keep you focused, motivated and excited as you evolve into an elevated state of fulfilment.

Visit Leslie V. at stand C19
for more information about
packages and services.

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my dedicated office in Teneriffe.

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